

Audience Inclusion

Version One

Goal of Exercise: To improve student's eye contact.

Description: One student will address the entire classroom. Everyone in the room (that is, the audience) needs to raise their hand high enough for the speaker to see.

The speaker must make eye contact with every member of the audience for at least 10 consecutive seconds. When the audience member sees that the speaker has made eye contact with them for 10 seconds, they can put their hand down. This continues until all the hands are down.

The audience members may keep their hand up if the speaker glances away (up, down, or to the side) at any point before the 10 consecutive seconds are up. They will then restart the 10 seconds.

Version Two

Goal of Exercise: To improve students' eye contact, with an emphasis on including the entire room.

Description: Like the previous exercise, all the audience members will put their hand up. This time, the goal is to keep everyone's hands up. When an audience member feels that they are not being given eye contact, or they are not being noticed, they should slowly lower their hand down. The speaker at the podium needs to pay attention to everyone and give everyone eye contact to prevent any hands from making it all the way down (desk or lap). When one audience member's hand reaches the desk/lap the speaker has lost and it's the next speaker's turn.

