

## Basic Flowing

**Goal of Exercise:** To improve basic flowing skills.

**Description:** Choose one student (or let one volunteer) to read their 1AC in front of the class. All other students need to be flowing. The goals fall into three levels:

**Level 1.** Capturing All Outline Points

**Level 2.** All Outline Points, and All Evidence Sources

**Level 3.** All Outline Points, All Evidence, and Specific Content

Based on skill and experience flowing, students need to pick one of the levels to work on. At the end of the 1AC, have students evaluate how well they met their goal, and what they can do differently if they were not able to capture sufficient information.

If you have time, repeat this process with a different student and different 1AC. To add a challenge, have the student reading the 1AC read at a quicker pace (or as quickly as they can read). This will force students to take notes more efficiently.

**Teacher's Note:** Flowing is incredibly important for the competitive debater. Practice flowing often. To ensure quality, you can even have students turn in their flows after these exercises.

Flowing 1ACs makes sense, because students will be flowing these exact type of speeches at tournaments. However, for a little variation, you can also have students flow lectures, the news, sermons, persuasive speeches/papers, etc.

